



Notts County Foundation

# The Portland Centre

## Summer Pool Timetable

### Monday 2<sup>nd</sup> August – Tuesday 31<sup>st</sup> August

#### Monday

Times	Activity
5pm-6pm	General Swim
9pm-10pm	Adult Only Lane Swim

#### Tuesday

Times	Activity
6pm-7pm	Adults only Lane Swim
9pm-10pm	Adult Only Lane Swim

#### Wednesday

Times	Activity
7am-8am	Adults only Lane Swim
9am-10am	Ladies Only
12pm-1pm	General Swim Session
9pm-10pm	Adult Only Lane Swim

#### Thursday

Times	Activity
7am-8am	Adults Only Lane swim
9am-10am	Timid Swim
12pm-1pm	General Swim Session
5pm-6pm	General swim
9pm-10pm	Adults only Lane Swim

#### Friday

Times	Activity
7am-8am	Adults Only Lane Swim
10am-11am	Parent & Toddler Swim
12pm-1pm	General Swim Session
5pm-6pm	Adults Swim
9pm-10pm	Adults Only Lane swim

#### Saturday

Times	Activity
9am-10am	General Swim
11am-12pm	Adults Swim
12pm-1pm	General Swim

#### Sunday

Times	Activity
9am-10.30am	Adults Only Lane swim
11am-12.30pm	General Swim
1pm-2.30pm	Adults Only Lane Swim
3pm-4pm	General Swim